
Appendix 2: Toys and equipment

Equipment for oro-motor and phonetic placement activities

Oro-motor activities are used to elicit features of sound production, and where appropriate to develop awareness and control of articulatory structures. See Chapter 5: Therapy, and Appendix 4: Eliciting sounds.

- Early sound making sheets (Therapy Resources 1, p6)
- Lip shapes (Therapy Resources 1, p23)
- Articulograms (Therapy Resources 1, p21)
- Mirror
- Torch
- Tongue depressor or spatula
- Straws of various sizes
- Plastic tubing
- Blowing toys with different mouthpieces
- Bubbles
- Candles in a secure holder
- Toothbrush
- **Sugary foods:** 100s and 1000s, chocolate flakes, sherbet, chocolate spread, honey, jam
- **Sugar-free foods:** marmite, yoghurt, grated apple, mashed banana
- Sterilising fluid to clean equipment

NB Oral Health Note: *It is recommended that sugary foods and drinks are used only at mealtimes. At other times, sugar-free foods should be used to avoid the risk of tooth decay. It is not recommended that teeth are cleaned immediately after eating sugary foods. Children's teeth should be brushed routinely for 2 minutes, morning and night, using a toothpaste containing no less than 1000ppm of fluoride. Children under 7 years should be supervised. It is important to arrange regular check ups with a dentist who will then be able to offer individual oral health advice. (Our thanks to: Mrs K Kerr, Senior Oral Health Promoter, Bucks Priority Dental Service.)*